


NOVEMBER 2022

Rio Del Oro Elementary School

Project Resilience Snack

Questions or concerns
Contact Nutrition Services
(530) 743-4428 or
mdelong@plUSD.org

Monday	Tuesday	Wednesday	Thursday	Friday
	Goldfish Crackers ¹ = 1G Juice = 3/4C F *Students must take all items	Rice Krispies Treat ² = 1G Milk = 8oz *Students must take all items	³ UBR = 2G Milk = 8oz *Students must take all items	⁴ Pretzel Twists = 1G Milk = 8oz *Students must take all items
Blueberry Muffin ⁷ = 2G Milk = 8oz *Students must take all items	Bagel = 2G ⁸ w/ cream cheese Milk = 8oz *Students must take all items	⁹ Cereal Bar = 1G Milk = 8oz *Students must take all items	¹⁰ Grahams = 1G Juice = 3/4C F *Students must take all items	¹¹ NO SCHOOL
Tortilla Chips = 1 ¹⁴ w/ salsa = 1/4C V Juice = 3/4C *Students must take all items	Rice Krispies Treat ¹⁵ = 1G Milk = 8oz *Students must take all items	¹⁶ Snack Mix = 1G Milk = 8oz *Students must take all items	Goldfish Crackers ¹⁷ = 1G Juice = 3/4C F *Students must take all items	¹⁸ UBR = 2G Milk = 8oz *Students must take all items
²¹ NO SCHOOL	²² NO SCHOOL	²³ NO SCHOOL	²⁴ NO SCHOOL	²⁵ NO SCHOOL
²⁸ Pretzel Twists = 1G Milk = 8oz *Students must take all items	²⁹ Grahams = 1G Juice = 3/4C F *Students must take all items	³⁰ Pumpkin Muffin = 2G Milk = 8oz *Students must take all items		

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.